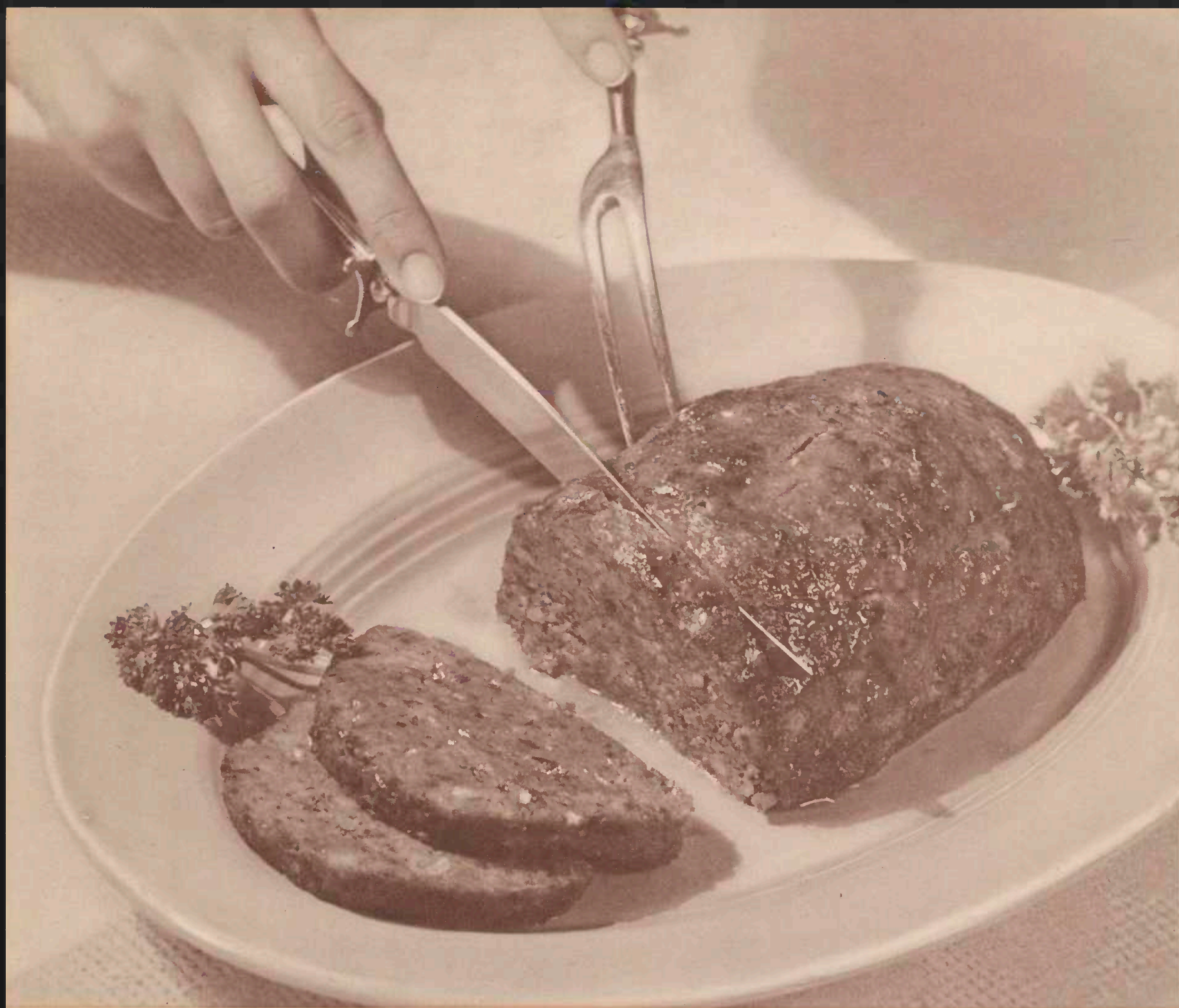


Historic, archived document

Do not assume content reflects current scientific knowledge, policies, or practices.



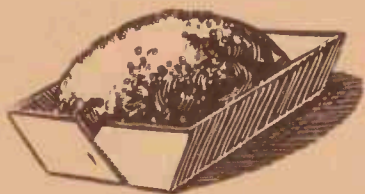
*Soya -
a good
mixer
with
meat*

Made without Soya



1 lb. ground beef

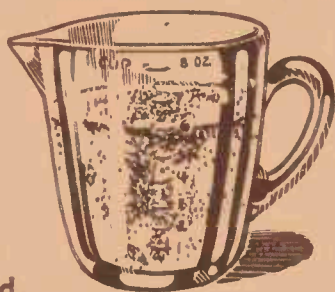
With Soya



25% less beef used

$\frac{3}{4}$ lb.
ground
beef

+



$\frac{3}{4}$ cup
Soya
Grits



*4-egg
omelet
with Soya
serves
six*

$\frac{1}{4}$ cup Soya Grits



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Get Acquainted with Soya Flour and Grits
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